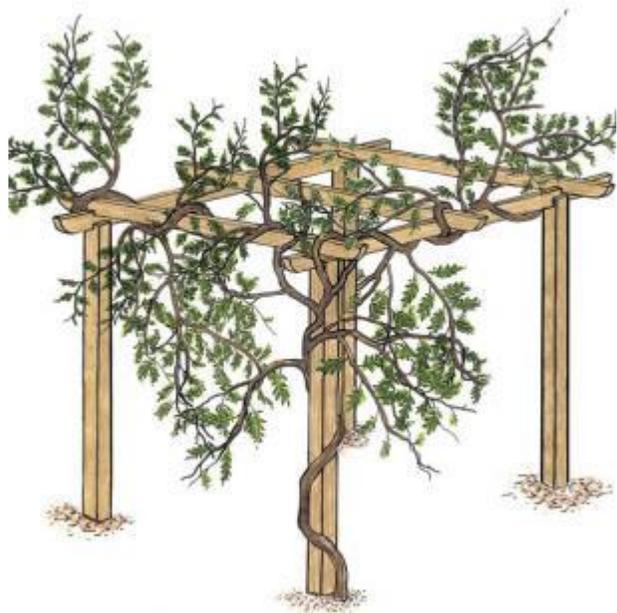


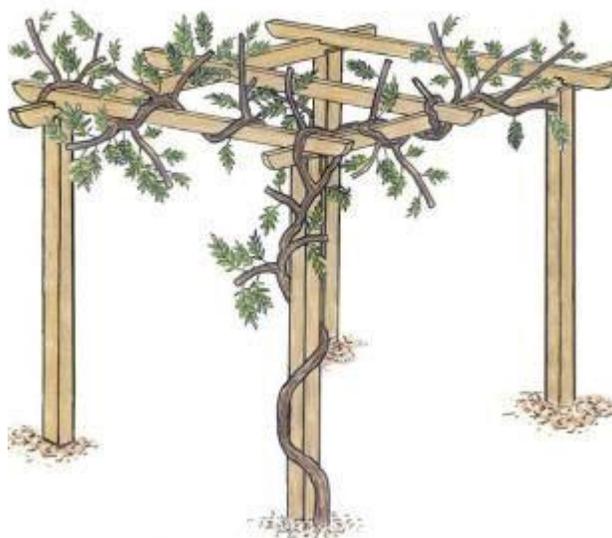
# Pruning and Training Wisteria

Wisteria can live a long, healthy life with no pruning at all, happily twining, climbing, and sprawling over everything in its path. But for the gardener who has limited space and wants to enjoy more visible and abundant wisteria flowers, a pruning routine becomes a necessary chore. For optimal results, plan for at least a biannual (once in summer, once in winter) pruning regimen. Knowing how the vine grows will also aid in your success.

Summer: Cut the long shoots after flowers fade



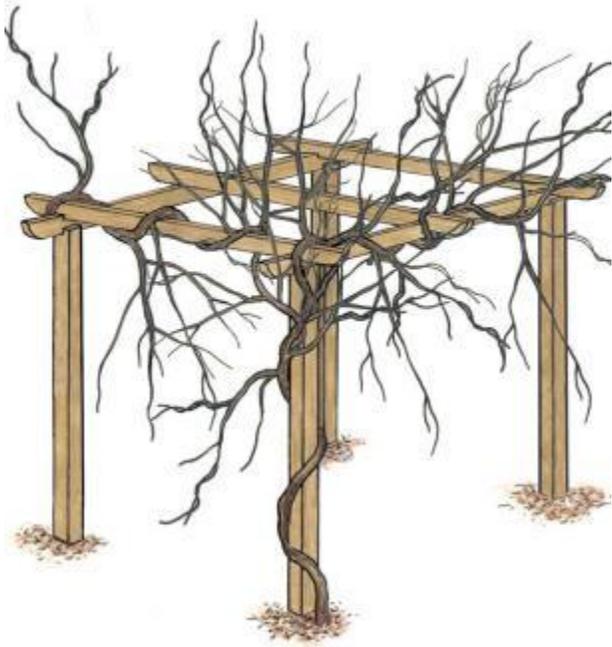
Before pruning: In early to midsummer, the flowers have faded and the long vegetative shoots that grow on the main framework of the vine have become unruly.



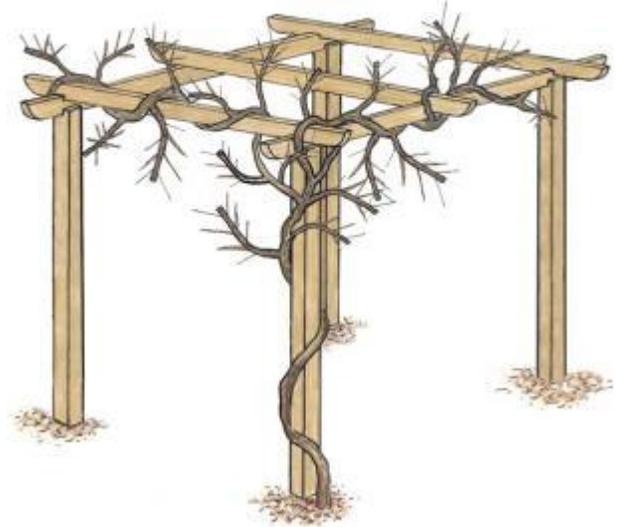
After pruning: The long shoots of new growth have been pruned back to 6 inches to keep the vine in check and to create short branches that will give rise to next year's blooms.

Since wisteria flowers develop on the previous year's growth, pruning wisterias biannually not only keeps these vigorous vines to a manageable size but also creates a system of short branches close to the structure, where you can more easily enjoy the blooms. To accomplish this, simply prune the long shoots of the current year's growth back to 6 inches long in early summer after the vines have flowered. Also, at this time, completely remove any shoots not needed for the main framework of the plant and prune away root suckers, especially on grafted varieties. This type of pruning may be done once a summer or more frequently, depending on how much time you have and how neat you want your vine to look. Keep in mind that many gardeners find wisteria seedpods decorative, so you may want to leave some spent flowers behind.

Winter: Prune long shoots down to three or five buds



Before pruning: In winter, the vine's framework is again unruly, but it is more exposed and easier to prune now than in summer because the leaves have been shed.



After pruning: The long shoots have been pruned back so that they contain three to five buds each.

In late winter, prune the long shoots that have grown since the summer pruning down to three to five buds. Also remove any of last season's unwanted long shoots, which will be more apparent now because the leafless framework will be exposed.



## Training a new wisteria on a pergola



Start with a sturdy structure

Train to climb vines

Encourage branching

The vigor of the plant makes it adaptable to many forms. Wisteria may be shaped into a shrub or standard, trained against a building or lattice, or grown on a pergola or arbor. *Wisteria floribunda* is a desirable selection to grow on pergolas and arbors because its long flowers hang dramatically through the top. Only one plant is usually needed to cover an entire structure since it is, like other species of wisteria, such a vigorous grower. Planting two vines at opposite ends, however, gives a structure visual balance and affords a gardener the opportunity to feature two different cultivars on the same structure.

### **Start with a sturdy structure**

Training wisteria to grow on a pergola or arbor is a practice that requires careful planning. In order to successfully use these structures, they must be made of a stout, weather-resistant material like cedar and set securely in the ground with concrete footings. Wisteria is infamous for pulling down its supports, so don't be afraid to overbuild a pergola or arbor. I recommend that the posts be made of 4×4 lumber and the crosspieces of 2×4 lumber at least.

### **Train vines to climb**

To begin training a new plant onto a pergola or arbor, allow two or three young shoots to twine loosely around each other and the post as they grow. This will help to provide added interest to the plant's structure, since the woody stems become contorted and picturesque with maturity. The young shoots need to be secured to the post as they climb. To do this, attach a 14-gauge galvanized (or similar) wire using eye hooks, spaced about 18 inches apart, along two opposite sides of the post (or on all four sides for extra support). As the shoots grow, tie them as needed to the wire using gardening twine. Allow some slack as they grow to create a more attractive habit and to prevent the plant from putting heavy tension on the structure as the plant matures.

### **Encourage branching**

Once the shoots have reached the top of the arbor, head them back (prune off the tips) to encourage side shoots, which will spread across the top of the supports and produce flowers. As the plant grows and becomes more stable across the top of the structure, the training ties on the post will become unnecessary. It's a good idea to remove them to prevent the plant from being girdled as it grows.

## **Why your wisteria may not bloom**

Wisterias are notorious for failing to bloom. Before trying drastic measures, make sure these basic cultural requirements are met.

### **Seed-grown plants**

The most common reason for lack of flowers is the selection of a seed-grown plant over a grafted plant. Grafted plants typically bloom within three years, while seed-grown vines may take upwards of seven years before flowering— if ever.

### **Light requirements**

Wisterias need at least six hours of sunlight per day.

### **Exposure**

Late frosts and high winds may damage flower buds, especially those of *Wisteria sinensis*. Conversely, wisterias bloom best after years with hot summer temperatures.

### **Fertilizer**

Avoid high-nitrogen fertilizer. Like other legumes, wisteria fixes nitrogen in the soil. Too much nitrogen can cause excessive foliage growth and poor flowering.