



Nectar and Pollen Sources for Bees and Other Pollinators

It is important for bees to have an unbroken succession of bloom. If you want to encourage bee populations, grow plants so that bloom is more- or- less continuous on your property.

N= Major Nectar Source P= Major Pollen Source

		Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Trees													
Alder					X	X							
American Linden	N						X	X					
Apples	P				X	X							
Black Gum	N				X	X	X						
Black Locust	N					X							
Chokecherry					X	X							
Cornelian Cherry	P				X								
Crabapples	N				X	X							
Golden Rain								X					
Japanese Pagoda								X	X				
Little Leaf Linden							X	X					
Northern Catalpa							X						
Pears	P				X	X							
Pussy Willow	N/P			X									
Redbud					X								
Red Maple	N			X	X								
Seven Son Flower									X	X			
Sourwood							x	x					
Southern Catalpa							x						
Tree Lilac						x							
Tulip Tree	N/P					x							
Yellowwood						x							

		Jan.	Feb.	March	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Perennials													
Agastache										X	X	X	
Allium						X	X	X					
Bee Balm							X	X	X	X			
Black Eyed Susan								X	X				
Blue Pincushion								X	X				
Bluebeard	P									X	X		
Catmint									X	X			
Coneflower							X	X	X	X			
Cotoneaster	P				X	X							
Currant				X	X								
Fall Aster	N									X	X		
Fall Sedums									X	X	X		
Germander								X					
Goldenrod	N									X	X	X	
Lavender									X	X	X		
Milkweed	P							X	X	X			
Mountain Bluet	P					X							
Penstemon									X	X	X		
Polygonum	N						X	X	X	X			
Poppy somniferum	P					X	X						
Threadleaf Tickseed								X	X	X			

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Annuals/ Herbs													
Blackberry/ Raspberry	N/P				X								
Borage	P						X	X	X	X	X		
Buckwheat	P							X	X				
Canola	N/P					X	X						
Cleome								X	X				
Clover	N/P					X	X						
Dandelion	N/P				X	X							
Foxglove	N						X	X					
Globe Thistle	N							X	X				
Mint	N/P						X	X	X				
Mountain Bluet	N					X	X						
Oregano						X	X	X					
Red Thyme	N						X	X					
Rosemary					X								
Soybean	P							X	X	X			
Sumac	N						X	X					
Sweet Pea	N						X	X					
Tansy	N						X	X					

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